

THE CAROL WOODS NEWS

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WHAT'S COMMUNITY CONNECTIONS?

Wouldn't it be fine if all Orange and Chatham County Seniors could have access to a place like Carol Woods to come back to after a hospital stay? Get well with the support of caring professionals and friends?

Pretend you're a fictional Roseanne Levering, seventy-eight years of age. You have been hospitalized with a stroke. You have no family left. You are squeaking by on Social Security in a tiny one-room apartment. Tomorrow, you might be discharged from the hospital. Imagine the fear and hopelessness you're experiencing as you think about the future on your own.

Carol Woods had neighbors like Roseanne Levering in mind when our mission statement was created: to commit ourselves to diversity, leadership, participation in, and service to... the larger community. Therefore, it was quite appropriate that seven-year staffer Heather Altman be appointed as Project Director for the developing Community Connections, a project made possible by a \$996,900 grant from the Duke Endowment Fund.

Community Connections has these basic objectives: to coordinate available services between various agencies within the county, to develop the workforce, and to structure policy and planning. The Carol Woods mission fits neatly into these aims.

Recently Carol Woods was also instrumental in helping the North Carolina Department of Health & Human Services

secure a three-year \$1,167,000 grant from the federal government for Medicare and Medicaid services. This grant will advance work in progress for a Person-Centered Hospital Discharge Model, planned to cut down on emergency room visits, hospitalization and re-hospitalization, and enable people like Roseanne Levering to remain where they choose after a hospital stay.

Interested residents are invited to join in these important projects. For more information, call **Heather Altman** at 918-2609, or **Nancy Gustaveson**, Chair of the Carol Woods Community Relations Committee, at 918-4490.

Janet Ford Campbell

COME TO THE FAIR!

The second annual Senior Resource Community Fair will take place Saturday, May 1, 10 a.m.—2 p.m., at the Seymour Center. Organizations and agencies working in healthcare, community, and social services will offer a variety of exhibits and resource information. Specialists will be there for consultations and to answer questions. The fair is free and includes refreshments, entertainment and raffles. Transportation will be provided.

The idea for the Fair came out of one of the monthly meetings of the Community Connections Outreach Network, which meets at Carol Woods.

Janet Ford Campbell

THE TAPTATIONS HIT THE ROAD

It was certainly a lucky day when former Radio City Musical Hall Rockette Alice Mennell arrived at Carol Woods. She lost no time in creating The Taptations, a dedicated cast of costumed toe-tappers mostly 80 years old. Grandmothers and great-grandmothers forget their aches and stiffnesses, rehearsing four hours a week since 2004. Adjunct Jane Berryman tickles the ivories and Alice Logan creates whatever sparkly (or ragamuffin) costumes the music calls for.

The Taptations have been applauded in Carol Woods' variety shows and at our Childrens Center, but they take their greatest pride in reaching out to the community with performances at the nearby Seymour Center, the Charles House adult day care in Carrboro, and at Hillsborough's Senior Center, Carillon Assisted Living, and the Big Barn, and others.

Ginger Davis is the official chauffeur (chauffeuse?), as this indomitable troupe takes its colorful sounds and friendly smiles to the neighbors.

Alice Logan



Front row: Ginger Davis, Alice Logan, Jane Berryman, Alice Mennell.
Back row: Joyce Weiser, Sally Slack, Mary Freedman, Fran Young, Elaine Roberts.

NOTHING VENTURED – NOTHING GAINED

Recently, the ServSafe outfit occupied our Assembly Hall, so the Taptations practiced at the Seymour Center. Afterwards, I paused to admire the two tables of ping-pong players – all Chinese. Most of them spoke no English, but their skill was as exciting as the Olympics (and no ads)! Not having worn tennis shoes, and carrying my tap-dance cane, I was obviously only a spectator. But I soon itched to participate. (Why not? They just hit back and forth without keeping score, so I couldn't lose!) I helped by picking up balls.

Eventually a polite chap asked if I'd like to hit a few, and he summoned his wife to play with me. She got tired and passed her spot (and paddle) to another woman, who soon did the same. It comforted me that my third opponent, Hwang (an attractive 4½-foot pro), was not bored by her competition. My day was absolutely *made* when she took time out to remove BOTH her sweaters!

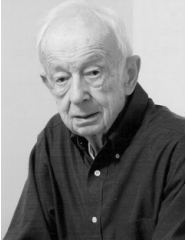
Sally Slack

A FAREWELL TO TWO FRIENDS

For many years we have enjoyed recitals in our Assembly Hall by students of several Chapel Hill teachers. Shining among the young musicians have been the cello students of Leslie Alperin and the piano students of Greg McCallum. Leslie's cellists will perform again on April 26 and May 18. Greg's pianists will perform on May 14. These will be "farewell" recitals for Leslie, as she is moving this summer to Vietnam for a new adventure in life. "Farewell" also to Greg as he leaves for Vancouver to pursue a doctorate in musicology at the University of British Columbia. Let's honor these fine musicians, our long-time friends.

*Anne and Bill Wright
Special Programs Committee*

WELCOME NEW RESIDENTS



Christoph Schweitzer moved into Cottage 148 on Valentine’s Day. He was delayed two weeks by heavy snowfalls on previous weekends, when his two sons had planned to come from Williamsburg to help him move.

Chris was born in Berlin and came to the U.S. as a young man. After receiving two Master’s degrees at the University of Wisconsin in Madison, he obtained his PhD in German language and literature at Yale University. His teaching career began at Yale, followed by several years at Bryn Mawr. He was a professor for 23 years at UNC – Chapel Hill, five as chairman of the German department.

Many residents knew Chris before his arrival at Carol Woods. They are sorry that his wife will not be with us, as Cathy died a little over a year ago. She was a friend of many here who knew her through church activities and bridge.

Chris’s interests include playing tennis, reading, and toy making.

Annie and Ivan Lakos, mentors



Josephine (Jo) Sprigg (Apt. 1106) moved to Carol Woods from Mechanicsburg, PA, where she lived for the past 30 years. She grew up in Emmitsburg, MD, and lived for a time in Baltimore.

Jo’s husband George Sr. worked for the U.S. government. They raised five children; four have Masters degrees. Her family now includes nine grandchildren and two great-grandchildren. Jo’s daughter, Pat Sprigg, is the CEO of our Carol Woods community.

Jo and her family traveled throughout the continental United States and also visited Alaska, Canada, and Nassau. Jo retired from her work as a computer accountant in 1980. She enjoys music, working crossword puzzles, playing pinochle and canasta, reading, and walking.

Gail McKinnis, mentor



Marion Effron (Apt. 3201) was born in Philadelphia and grew up in Waterbury, CT. She has one sister. She received her BA degree in history and government from the University of Connecticut and took several graduate courses at George Washington

University. She was a cryptanalyst in the Signal Corps Intelligence (now the National Security Agency).

Marion married in 1947 and with her husband, Marshall, moved to Poughkeepsie, NY, to help with the family-owned business, the Effron Clothing Store. Marion has three children: a son and family in Raleigh, another son and family in the DC area, and her daughter and family on Long Island.

Marion moved to Chapel Hill 2½ years ago to become acquainted with Carol Woods because of her interest in joining this community. She was encouraged by **Marcia Helleman**, a long-time friend. Marion lived in an apartment in Timberlyne until her move to Carol Woods. She is interested in politics, music, art and word games and she enjoys playing bridge and activities of the American Association of University Women.

Fay Daniel, mentor



AT BREAKFAST

Forget news about the weather, health matters, or other usual topics of conversation. Far more important stuff was revealed to me at the first meal of the day with **Martha** and **Larry Hart**. Friends knew that they acquired a four-year-old golden retriever last Thanksgiving. The dog’s foster mother had worried that she’d spoiled **Heidi**, and that adoption would prove problematic. Happily, that was not the case.



The lengthy process of adoption began with a four-page application form required by Neuse River Golden Retriever Rescue, Inc. Because of their advanced age, the Harts were not entitled to a puppy, not that they preferred one. Having passed the initial tests, including a home visit, they then drove to several “adopt-a-thons” in Cary to find their new pet. No question about the decision. The feeling was mutual. It was love at first sight!

Bottom line: this gem Heidi is so contented, she no longer needs a chilly before-bed walk. She sleeps willingly nestled on her folded blanket in the second bathroom, nightlight and all, and she rises only when she overhears the morning news.

Sally Slack

COMING EVENTS

Lectures – Thursday evenings – 7:30 p.m.

- April 15 – Henry Petroski, PhD, Duke University –
Engineering and Science
April 22 – Edward Balleisen, PhD – History of Commercial
Fraud in America
May 6 – TBA
May 13 – Symphony, no program
May 20 – Nortin Hadler, MD – Life, Liberty & the Pursuit of
Happiness are Covariates
May 27 – Chris James (VP of Cree) – LEDs and Energy
Conservation

Concerts – Wednesday evenings – 7:30 p.m.

- April 21 – Yoram Youngerman with young chamber
musicians
April 28 – Sue Klausmeyer with “Cantari” singers
May 5 – Misako Toda, piano
May 12 – Chamber musicians from East Chapel Hill High
School

Special Programs – Recitals in Assembly Hall

- April 24, Saturday, 2:00 p.m. – Piano students of Rachel Narula
April 26, Monday, 6:30 p.m. – Cello students of Leslie Alperin
April 27, Tuesday, 6:00 p.m. – Piano students of Robin Snyder

- May 1, Saturday, 2:30 p.m. – Piano students of Meg O’Brien
May 2, Sunday, 12:00 p.m. – Piano students of Misako Toda
May 8, Saturday, 2:00 p.m. – Piano students of Cynthia
Crittenden
May 14, Friday, 7:00 p.m. – Piano students of Greg McCallum, a
“farewell” for Greg
May 15, Saturday, 1:00 p.m. – Piano students of Randy
Shepherd
May 18, Tuesday, 6:30 p.m. – Cello students of Leslie Alperin, a
“farewell” for Leslie
May 22, Saturday, 1:00 p.m. – Cello students of Jane Salemsen

Art Show

- March 12 - April 9 – Kate Ladd, mixed media paintings; Becky
Filene Broun, intricate handmade boxes and books

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