

# THE CAROL WOODS NEWS

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## GARDENS NEED GREEN THUMBS... AND WATER

Moving to a third floor apartment can stifle the imagination of even the most natural must-dig-in-the dirt type. But not **Yong Hi Chung** (pronounced Young-Hee). She and her husband Jay recently moved



into Building 1 after many years in Asheville.

Houseplants are one thing, of course, and Yong Hi has lovely ones. She also found a space in the Carol Woods community garden to grow her Korean zucchini and the unique kabocha, a Japanese pumpkin.

Then she adopted the ground-level flower garden at the south end of Building 1. This presented a major challenge—there is no nearby hose connection for watering, but there is a handsome 60-gallon rain barrel. The trouble was the long dry spell this summer, so long and so dry that the rain barrel had not a drop in it by the end of June.

A water faucet is available several yards away around the corner, but with no hose that long, this was not a solution for Yong Hi.

Fortunately, she shared her woes with neighbor **Vanna Condax**, and Vanna, in the true Carol Woods spirit of helping others, hand-filled the 60-gallon rain barrel!

Yong Hi has since discussed the issue with Tony Bayless, Landscaping and Grounds Director, and now there is a longer hose and newly pruned shrubs so she can reach the spigot easily.

Beautiful flowers and homegrown vegetables nourish the spirit. Happy gardening to all, including our high-rise dwellers!

*Janet F. Campbell*

## VIEWS FROM VETERANS

### A JOURNEY TO SAFE HARBOR

Denmark—land of fairy tales, park-like landscapes, a storied past, kings and queens of old, and fun-loving, happy people—the land where I was born and raised. Sadly, my paradise was cruelly disrupted on 9 April 1940 when Hitler's armies invaded the country. That event changed the course of my life.

Although the Germans claimed they were guests, conflicts arose, the government quit, and the chaos began. Underground resistance groups sprang up, RAF bombing raids took place, and trains were blown up. The response was acts of terror by the Gestapo. Wild shootings occurred. The Copenhagen police were arrested and confined to concentration camps. When caught, resistance fighters were summarily shot after being forced to inform on their comrades.

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## AN APPRECIATION OF LYGIA



The Care Coordinator of the second floor of the Health Center is Lygia Yarborough, a compact, cheerful, competent registered nurse affectionately known by her nickname, Betty Boop. That second title comes about by way of her impressive collection of Betty Boop memorabilia: a modest sampling was featured last spring in the exhibit

case on the second floor. During September, Lygia and Carol Woods will be celebrating her 10th year.

Lygia was born in Durham; at 14 she went north to Newark, New Jersey, where she ultimately served as an LPN for many years. Returning to Durham in '89, she aced Durham Tech and became a registered nurse. With the turn of the century, Lygia's life turned to Carol Woods.

As Care Coordinator, Lygia responds to the needs of residents, staff and families, together with the challenges of required paperwork. She brings empathy to all. She is also a poet. Below are her words, written as if she were the impaired one.

How I color my world—  
Not in typical reds, yellows and blues;  
My mind makes its own beautiful hues  
Of colors of freedom to walk alone.  
One of my favorite places is the library  
In "my home."

You may look at me differently, a little different  
from you  
As I wander these beautiful halls.  
What is my destination, I am not quite sure,  
Somehow it escapes me, for I cannot recall.  
So if you see that I have been wandering for a  
while,  
Come on over and talk with me, or just give me a  
smile.  
My human rights, my dignity, purpose, and my  
reality  
Are the things I hope that you can see  
The very next time you encounter me.

*Jane Berryman*

## CONTINUED FROM PAGE 1

In my senior year (1941) of Gymnasium (high school) I joined an underground organization that trained us as light infantry. Subgroups were involved in sabotage and casualties resulted. Among them were the leader of the organization and a fellow from my platoon, both of whom lost their lives. When the Danish Jews were about to be forced into concentration camps, the entire underground, including my platoon, helped them to safety in Sweden. Nearly all 7000 of them were saved.

The German forces capitulated on 4 May 1945. The jubilation in Denmark was extraordinary. However, chaos reigned at first. I was in a unit assigned to guard the seat of government until order was restored, which took about a week. Then Field Marshall Montgomery toured the city, and we could breathe a sigh of relief.

In spite of all the distractions of the occupation and the associated terror, I managed to graduate from the Technical University (DTU) in February 1946. My first job was in the far north of Norway. I was one of four engineers hired by the Norwegian government to survey the town of Kirkenes, which had been totally destroyed in the war and was to be rebuilt.

After two years in Norway, I came to the USA in 1948. I had the joy of marrying Helen McNeil of Washington, DC, in 1950. I embarked on a further 49-year career, first in the structural design of bridges, and later as a civilian researcher for the US Navy. Helen and I came to Carol Woods in 2006, where we now live happily, enjoying the care, the fellowship... and the park-like landscape.

*Ib S. Hansen*

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Coming Soon...

Huey, a white duck with very particular habits, became a favorite of residents. Read all about him in an upcoming issue.

## WELCOME NEW RESIDENTS



### **Richard (Dick) Prust** (Apt. 120).

Although born, raised and schooled in Wisconsin, Dick has become a true Southerner. He comes to Carol Woods from St. Andrews College in Laurinburg, NC, where for 43 years he taught philosophy and religious thought in the Philosophy Department and in the

Christianity and Culture Program. He holds degrees from the University of Wisconsin, and Yale and Duke Divinity Schools. Dick has led tour groups to Greece. He particularly delights in adult learning and the exploration and sharing of ideas.

While the quiet confines of St. Andrews suited him for the academic year, Dick has balanced his life and cultural interests by spending summers in New York attending plays, concerts, museums and other delights of big-city life.

His current hope is to settle here at Carol Woods and do some serious writing. You're likely to find him sitting on his back screened porch lost in contemplation and composition, but he's very social and enjoys dinner conversations.

*Lew and Ann Woodham, mentors*



### **Frances (Fran) Young** (Apt. 2201). I

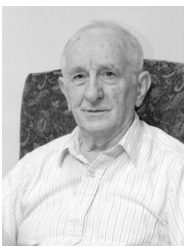
was born in Atlanta in 1926 and graduated from an all-girl high school. I met and married Bill Young while attending the University of Georgia in Atlanta. We raised two wonderful children, Jennifer and Scott. Both now live nearby in Pittsboro and have graced my life with four grandchildren and four great-grandchildren.

I spent 25 years as an Air Force wife, a full-time mother, and a seasoned volunteer. I worked for many years with the American Red Cross and other organizations. We were fortunate to live in and to explore Anchorage, AK, Washington, DC, northern England, and Wiesbaden, Germany. These were just a few of our favorite assignments.

Since childhood I have loved to dance, and that joy continues. I have been fortunate, ever since being on the Carol Woods priority list, to belong to the Carol Woods Taptations. I also enjoy reading, cooking, and gardening.

After leaving the Air Force, my husband Bill came to UNC to work in Contracts and Grants. He passed away in 2001. I've been in Chapel Hill for 35 years.

*Fran Young  
Alice Logan, mentor*



### **John Soltys** (Apt. 146) moved to Carol Woods after 35 years in Chapel Hill.

Born in Holyoke, MA, John graduated from UMass Amherst. After two years in the Army Medical Corps and subsequent studies, he received his MD from Harvard Medical School.

John continued with post-graduate training in Chicago and Boston. He then practiced child psychiatry in Pittsburgh and Boston. In 1975, he joined the faculty at UNC Medical School; he retired in 1998.

John married his wife Florence on completion of medical school. They had two daughters and four grandchildren. Florence was known to many of us as a member of the Carol Woods Board and as a professor at the UNC School of Social Work. She died in 2007.

In John's own words, "I have enjoyed gardening all my life. Using a computer to explore many new knowledge areas has been fun. Photography is an area I want to explore now that we have digital technology. I am trying to keep an open mind about new activities and to find out where that takes me."

*Shirley and Ivor Collins, mentors*

## KUDOS

Praise and thanks to the Summer Festival 2010! You of the Committee garnered an amazing variety of programs to delight our summer evenings! We tapped our toes to jazz, we sat in awe at the talent of a young pianist, we enjoyed chamber music, we listened to poetry, to stories, and to the strumming of a guitar. We delighted in the jump-roping Bouncing Bulldogs. Each of you welcomed us to these evenings when it was so hot outdoors, so cool and friendly indoors with you. Thanks!

*Anne Wright*

## COMING EVENTS

### Concerts – Wednesday evenings – 7:30 p.m.

Sept. 22 – Jeff Krolík, violin; Fred Kameny, piano

### Lectures – Thursday evenings – 7:30 p.m.

Sept. 16 – Maria Ikenberry & Deb Cunningham, “Eyes Ears Nose Paws: Beyond Seeing Eye Dogs”

Sept. 23 – Adam Versenyi, Playmakers, “Behind the Artistic Vision of Playmakers’ *As You Like It*”

Sept. 30 – Jonathon Lees, UNC, “Volcanoes”

Oct. 7 – David Ferriero, US Archivist

Oct. 14 – Richard Talbert, UNC, “Rome and the Power of Creative Cartography”



*Work continues apace on new siding for the original cottages.*

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