



THE CAROL WOODS NEWS

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IT AT CAROL WOODS

Information technology has become a permanent part of modern life—it has introduced better ways of connecting us with the outside world and has made possible new and different explorations that are educational, informative, and just plain fun. What is Carol Woods doing to respond to the changing needs and expectations of residents in this ever-changing field? How are we responding to the growing importance of technology on our campus?

IT = Information Technology

Almost a year ago the Residents Council established an advisory committee on information technology and asked Jane Arndt and Pat Bogart to co-chair it. Realizing that many residents are interested in a progress report, *The Carol Woods News* posed questions about the committee's work.

Q: What is this committee's mission?

A: We provide advice and support to Carol Woods staff and residents as our community continuously assesses, develops, and uses all forms of information technology.

Q: What is the committee's timeline? What has been achieved so far and how are things progressing?

A: The committee first met in April 2011. During May-July, we conducted surveys to provide Carol Woods baseline information about residents' use of computers and other forms of technology.

Based on what we learned, we set two initial priorities: (1) development of a web portal (website) designed specifically for Carol Woods residents that covers a wide range of Carol Woods topics and also provides for easy communication among residents,

and (2) expansion of Internet access throughout the Carol Woods campus. We began work last fall on these priority areas. Resident and staff committee members are busy developing initial content for the web portal. Carol Woods administration, with input from our committee, has issued a request for bids from Internet vendors. Our optimistic goal was to have both the web portal and campus-wide Internet access available in early 2012. Both projects are more complex than we anticipated, but we still expect results by the end of the first quarter of 2012.



Q: Tell us more about campus-wide Internet access: Will it be wireless or wired? Will it save residents money? How might wireless usage be charged to residents? If charges are bundled into monthly fees, might there be inequities?

A: Until a vendor has been selected, we will not have any definite answers. However, we will almost certainly have wireless access throughout the campus (including Coventry townhouses). When we have definite cost information, CW administration will decide whether it is appropriate to bundle it into monthly fees or to provide it to interested residents at an added charge. In either case, we expect that it will save most residents money and provide improved service. Based on our survey data, we expect that the vast majority of independent living residents will want to use this service.

Q: Does the committee have other short- or long-term goals?

A: We are currently providing input on planned audio-visual upgrades. After we achieve our two primary goals, we will reassess our next steps.

*Jane Arndt and Pat Bogart, Co-Chairmen
Committee members: Wade Dorland, Cindy Freund,
Bill Groves, Nikki Bodkin, Dave Wilkerson*

BEATING THE BLAHS

It happens every single year, so it's nothing new. This time in the calendar when North Carolina remains in winter's thrall. Threats of iced-over days and lots of grayness still lie ahead, and income tax deadlines loom closer and closer. Usually comforting routines grip us in world-weariness and depression if we're not resourceful. You look in the mirror and behold sixteen new wrinkles and a bedhead of uncooperative hair. The morning coffee tastes like burning rubber tires.

So what's to be done? Suggestion: manufacture a different kind of day in your life. Be frivolous in a way that won't harm your neighbors or disturb the IRS. The brief list below offers ideas. (You are free to try more than one, in parallel or sequence.)

- For a whole day, eat nothing but Maple View coffee ice cream.
- Part your hair on the other side.
- Sleep in till 5:00 p.m. Make dinner your breakfast.
- Women—wear unmatched earrings; men—no sox.
- Create an outrageous hat: wear to Rez Meeting.
- Swear in public: nothing yucky, just ___ or ___.
- Sleep in your clothes.
- Eat Brussels sprouts.
- Sing out loud along Harkness Circle.
- Bury worry. Elections, defections, corrections, all.



And if you create a better one-day *You-Day*, describe it in writing on the back of an old gum wrapper (Teaberry? Blackjack?) and send along with twenty cents to Santa Claus, Rt. 104, North Pole. He'll be grateful—he's presently a victim of seasonal unemployment.

Jane Berryman

LOOKING AHEAD

Winter presses down like a wet boot.
 Cold winds still bite to the bone
 Bequeathing goose bumps, stiff fingers,
 Noses that drool like leaky faucets.
 Everywhere lawns have given up,
 Their crumpled ruins waiting for warmer
 weather.
 But there's hope now in the yards' corners.
 Bulbs buried there already are sending
 Long pointed leaves out to test the air.
 Soon a burst of yellow will pronounce
 A new Spring is here! A shout of fresh life
 Chock full of bright blossoms of all kinds!
 So get ready. The damn bugs,
 chiggers, and ticks will be here soon,
 yucky summer heat not far behind.

Mack Ivey

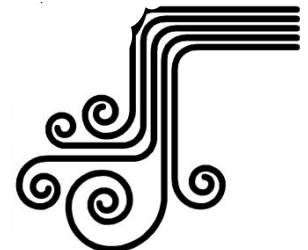
OUR WATERFALL AT CAROL WOODS

An appreciation by residents

People move in, and after a while they become aware of a sort of whooshing sound coming from the north. If you think of it as noise from I-40, which it really is, you wish it weren't there. Indeed, every now and then Carol Woods begs for a sound barrier.

Some residents have a more creative solution. "I just think of it as a waterfall." This works during the day when traffic is continuous. Another version works at night, when a single big truck goes by every once in a while. "I think of it as the ocean, waves breaking." We find peace in the waters that flow past Carol Woods.

Vanna Condax



WELCOME NEW RESIDENTS



Nancy and Charlie Zimmerli
(Apt. 105)
moved to Carol Woods all the way

from Timberlyne, where they lived in retirement for 21 years. Nancy graduated from William and Mary and Charlie from the University of Maryland. They met in the middle—Washington, DC—where Nancy was working for American University and Charlie for American Airlines.

Charlie's corporate moves took them first to New York, where Charlie managed LaGuardia Airport for AAL and Nancy coordinated an adult literacy program in Mt. Vernon, NY. They relocated to Hartford, CT where Nancy taught at the Hartford Secretarial School and the Community College, and Charlie headed the AAL Reservation Center. Son David earned a master's degree from Yale, is married, has four children, and lives in PA. Son Patrick received a doctorate in fine arts from Columbia University and lives with his French bride in New York City and Paris.

Nancy and Charlie enjoy Chapel Hill's climate and cultural activities. As volunteers, they co-chaired Chapel Hill's "Neighbors for Speed," an effort to aid that eastern North Carolina community following the devastating floods of Hurricane Floyd. In addition to tutoring and taking courses, Nancy has participated in many church activities and is currently Caregiver Coordinator, providing many meals. Charlie's activities have included Consumer Credit Counseling at the Women's Center in Chapel Hill and chairing the Housing & Community Development Board. He also served on the board of the Dispute Settlement Center.

The Zimmerlis are looking forward to their second retirement at Carol Woods.



Anna and Joel Williamson
(Apt. T-129).
Carol Woods is the perfect home for Anna and Joel, who have lived in

Chapel Hill for many years. Joel was a history professor at UNC for 40 years. Anna was on the art faculty at St. Andrews College. They married in 1986.

Joel comes from Anderson County, SC. He received a BA from the University of South Carolina in 1948, served as a US Navy officer during the Korean War, then earned his PhD at the University of California at Berkeley. He retired from UNC in 2003.

Joel has written books on the history of race, gender and class in southern culture. His last published book was on William Faulkner. His next book—on Elvis Presley—will soon be published by Oxford University Press. He is being considered for publication of a book on Margaret Mitchell and *Gone with the Wind*.

Anna comes from Memphis, TN and graduated from Rhodes College. She earned an MA in sculpture from Villa Schifanoia (Rosary College of Fine Art) in Florence, Italy, and an MFA from UNC. She has certifications in Purna Yoga from Yoga Centers in Bellevue, WA, and in iRest Yoga Nidra with Richard Miller in California.

Anna's mother, Betty Woodson, lived at Carol Woods for eight years. Anna and Joel returned with her bed, which Betty had had since she was 16 years old. From Memphis, the bed arrived at Building 1, traveled to the Health Center, and then to the Williamson home at 211 Hillsborough Street. It is now at 129 Essex Drive.

The Williamsons love their new home at Carol Woods—it enhances opportunities to write and teach, as well as to become members of a very special community.

COMING EVENTS

Concerts – Wednesday Evenings – 7:30 p.m.

- Feb. 15 – MYCO, Mallarmé young people small chamber music groups
- Feb. 22 – Randall Love, piano
- Feb. 29 – Trio: Paul Baerman, oboe; clarinet and bassoon
- Mar. 14 - Alan Toda-Ambaras, cello
- Mar. 21 – Bonnie Thron, cello; Nancy Whelan, piano
- Mar. 28 – Edith Gettes, violin; Jason Thomas, cello; Karen Allred, piano

Lectures – Thursday Evenings – 7:30 p.m.

- Feb. 23 – Dick Prust, “Hannah Arendt and the Realm of the Social”
- Mar. 15 – Howard Lee, “Educational Initiative for Vulnerable Talented Students”
- Mar. 22 – Jodee Nimerichter, “American Dance Festival”
- Mar. 29 – Anthony Viera, “What’s New with Hypertension?”

Special Programs – Assembly Hall

- Fri. Mar. 9, 7:30 p.m. – Mame Cotter, “Chekhov Drama”
- Sun. Mar. 18, 1:30 p.m. – Piano students of Tanya Smirnov

SCENE SEEN AT CW

Alone for lunch, I asked to sit with **Nancy, Paul, and Hans.** They were gracious and preoccupied. On the table were three metal puzzles. Hans, his eyes twinkling, assured me all could be untangled. Nancy nodded. Then she slid apart one she called easy. Meanwhile I learned Hans is 97 and a 32-year resident. He acquires these puzzles from catalogs and celebrates delivery to his door in Building 1.

Nilson, who poured water for us, extended his hand for the hardest puzzle. He stepped aside from wait duties. The contortions of his face reflected the twists and turns of his hands. In short order, Nilson raised the pieces, now separate, and smiled. Nancy declared, “It is done by watching for an opportunity and taking it.” Ah, I thought, yes, yes, yes.

Nancy Leinbach

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