



# THE CAROL WOODS NEWS

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## SARAH HYDE— OUR VOICE TO THE COMMUNITY



Enter the front door of Carol Woods and you're likely to see Sarah Hyde there. Her office door is open just beyond the reception desk. Her smile is eager and welcoming, whether we are residents or visitors. Sarah says, "It's the best job I've ever had. I want to get to know the people I work for, I have a lot of respect for them." This December is Sarah's two-year anniversary month at Carol Woods!

Sarah clearly enjoys her job here. "Typical days include answering questions about our community and setting up tours via phone and e-mail. There are always events or publications to plan for, so I am often coordinating those and working with Karen Daniel, Director of Admissions and Public Relations, on how I can assist her. I typically have 2-3 tours per week and have a great time showing prospective residents around what could someday become their home. I also do a lot of photography for Carol Woods publications and the website, and work with our advertisers to make sure we have ads in relevant magazines."

Sarah Breeyear was born and grew up in Lake Champlain Islands, Vermont. Her father and mother worked at the University of Vermont in Burlington, while enjoying living in the

countryside. Sarah graduated from Johnson State College with a diploma in journalism, "a most flexible type of degree." This led to jobs in marketing and public relations. For a year she held an exciting job at *The Burlington Free Press* as research librarian and archivist.

One day in Stowe, VT, Sarah was shopping in Shaw's Supermarket, and met a young man. "There was something special about him," Sarah says. She and Matthew Hyde were soon dating, and married the next year, on June 18, 2005.

They love the beauty and good folk of New England but were ready to "spread their wings," so moved to Cary, NC, in 2007. They live in Morrisville; Matthew works as a Specialist at Target Stores in Cary. Sarah especially likes the friendliness of southerners. "It was a great move for us."

Asked what she would do in a week totally free, Sarah exclaims, "I would go to Grand Manan Island in New Brunswick, Maine, and go bird-watching!" Not only does she enjoy birds and the quiet beauty of the Maine coast, Sarah also loves to sew, indeed now is the designer/owner of an online store called "Sweet Sparrow." She makes and sells handbags, wallets, and women's small accessories, available online. She also sews bright name tag necklaces for friends. Look at those that Mary Ann Wit and Laurie Hamlin wear! She also enjoys reading, and camping with Matthew. They travel back to Vermont occasionally, but now their home is here. We're glad for that, Sarah!

*Anne Wright*

### A MODEST PROPOSAL

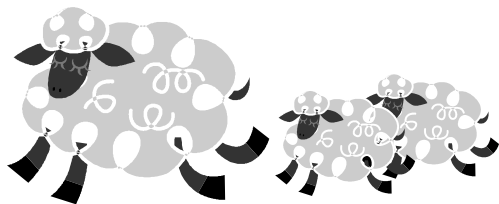
After several years of chagrin caused by the unbearable noise of power lawn mowers at Carol Woods, I have come up with a solution for this vexing and perplexing problem. My solution has many benefits for our residents, and indeed for the entire nation, by saving the cost of precious gasoline and improving air quality.

But to the point. I propose to abandon the use of our power mowers and replace them with a small herd of sheep. These sheep could be herded by a small group of shepherds (the original meaning of sheep herders) assisted by several Australian sheep dogs (sweet, quiet, intelligent animals). This would at once avoid that awful noise *and* keep our eardrums intact. It would also help preserve our sanity. These sweet dogs would make fine pets for our many canine fanciers. Furthermore, the sheep would help to fertilize our lawns *at little or no cost*.

Some may object that the lawn mowers would lose their jobs. Not at all: they could take over the herding of the sheep, a quiet and sweet-smelling occupation. Some of them could also be trained to shear the sheep; the wool could be sold with the proceeds going to a worthy charity.

The only problem I foresee is that, if this proposal is too successful, we might run into a shortage of trained herders. I would myself volunteer, but I am too far gone in years (86) for work requiring youthful vigor. However, I have four strong sons who I believe would be glad to serve for a modest salary.

*Elias Schwartz, PhD*



### DECK THE HALLS

Our first holiday season at Carol Woods brought delightful surprises we have since come to expect. One evening, as if by magic, the Social Lounge had been transformed into a scene worthy of Nutcracker Suite. A tall tree with crystalline lights and lovely ornaments sat in its center, surrounded by colorful gift boxes and an antique baby carriage. Above the glowing fireplace hung a huge wreath while giant red poinsettias graced the hearth. Golden deer nestling in fresh greenery on the sills of the bay windows completed the scene.



By our second year we recognized that this magic and a similar transformation of other areas on campus are the result of hard work by both residents and staff. The staff sets up the Social Lounge tree and does ladder duty for the decorations at its upper reaches but residents complete its ornamentation and decorate the rest of the Lounge. Each year, in addition to cutting greenery for residents to use in their homes, the grounds crew provides wreaths and sets up trees in the common areas throughout campus. The dining staff decorates the dining room tree but residents ornament the trees in the apartment buildings (this often involves a party). Those who enjoy decorating can get their fill. Those who don't can relax and enjoy the season without guilt. The best of both worlds!

*Nancy Martin*

## WELCOME NEW RESIDENTS



**Peggy and Sid Cohn** (Apt. 1313), both PhDs, came together from opposite sides of the United States: Seattle, WA, and Fairfield, CT.

Community-centered pursuits were their common driving force; also in common, a delightful sense of humor.

Sid hailed from the University of Washington where he switched from an engineering path to architecture. Engineering took too much chemistry, he says. Architecture was a good choice. He went on to a Masters degree in Urban Planning, winning a Fulbright in Europe and further grants for research and publications in control of urban design. On the way home from Europe, a colleague suggested he look in on UNC-Chapel Hill. He spent the next ten years here in academe.

He also met and wooed Peggy, a Wellesley grad taking a Masters in Public Health. When she accepted a teaching appointment at New York's Columbia University School of Nursing, they decided to marry. Eighteen months of commuting was just too much. Together they joined the faculty at Penn State. The big news here was the arrival of two sons and Peggy's creation of Family Ties, her own private business committed to smoothing pathways for adult children and their senior-age parents. Meanwhile Sid earned his PhD, completed 27 years with Penn State and retired to Chapel Hill for further teaching at UNC. The family is at the moment completed by three Chapel Hill granddaughters and three Burmese cats. It's "at the moment" because the male in the trio is getting rambunctious.

*Jane Berryman*



**Margaret ("Ricki") Hudson** (Apt. 197), originally from Lynchburg, VA, has lived in Chapel Hill for the past 36 years and feels right at home at Carol Woods. Almost her entire professional life has been spent working and teaching in the geriatric and gerontological fields, and several of our residents are former colleagues.

Ricki was on the faculty at the UNC School of Nursing from 1973 to 2002 and developed and ran

the first Primary Care—Gerontological Home Care program in the country (1980-1988). Her last major professional work was researching elder abuse and neglect.

Ricki holds a BS in Nursing from Duke, Adult and Geriatric Nurse Practitioner certificate from UNC, Master's in Adult and Continuing Education from Michigan State, and a PhD in Nursing from the University of Texas at Austin.

Her chief outside interests are knitting, reading, making new friends, and enjoying her two beloved dogs, Mr. Ebony and Miss Ellie.

*Blanche Clark*

### COMING EVENTS

#### Lectures – Thursday evenings – 7:30 pm

- Jan. 7 – Gustavo Montana, MD – Health Care Reform, implications for the states
- Jan. 14 – Hodding Carter III, UNC

#### Concerts – Wednesday evenings – 7:30 pm

- Dec. 9 – Richard Clark Trio
- Dec. 16 – Len Gettes Quintet

#### Winter Festival

- Sun. Dec. 20 – Andrew Tyson, an all-Chopin piano recital
- Mon. Dec. 21 – Old North State Brass ensemble
- Tues. Dec. 22 – Michael Malone, author
- Wed. Dec. 23 – Don Smith, Country and Western music
- Thurs. Dec. 24 – Annual Carol Sing
- Sat. Dec. 26 – Anniversary Quartet – memorial for Ruth Freed
- Mon. Dec. 28 – Greg Holm, improv. Entertainer
- Tues. Dec. 29 – Elaine Funaro, Alienor Harpsichordist
- Wed. Dec. 30 – Piedmont Chamber Players
- Thurs. Dec. 31 – George Gopen, 20<sup>th</sup> Century Poetry Reading

**Carol Woods News:** Anne Wright, *Chair*

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### A KUDO

We who walk Harkness Circle have recognized the need for a paved walkway between our main campus and the three townhomes we own in Coventry. We want our Coventry residents to come and go in safety through the trees and over the small dam that was once part of the Weaver Dairy farm. But what an inspired walkway we have now! It curves gently back and forth through the woods, marked by “mushroom” lights. It makes us smile, with its slightly zany feel of the Yellow Brick Road of Oz.

Jim Call and Tony Bayless of our Carol Woods staff made this path happen, starting with all the necessary town and Coventry permissions. It was Tony’s idea to curve the path. Jim says, “It

is serendipitous, curved to force the golf-carts to go a little slower.” This pathway is a beauty, Jim and Tony, thanks!

*Anne Wright*



*Heading towards Coventry*

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