

COMING EVENTS

Concerts – Wednesday Evenings – 7:30 p.m.

- Oct. 27 – Mayron Tsong, piano
- Nov. 3 – Carol Chung, violin
- Nov. 10 – Carol Woods Jazz Combo
- Nov. 17 – Sue Klausmeyer with UNC Women’s Glee Club
- Nov. 24 – No concert (before Thanksgiving)

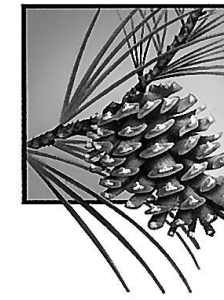
Lectures – Thursday Evenings – 7:30 p.m.

- Oct. 14 – Richard Talbert, UNC, “Rome and the Power of Creative Cartography”
- Oct. 21 – Thavolia Glymph, PhD, “Disappeared” Slave Women on Civil War Battlefields
- Oct. 28 – Tim Daaleman, UNC, “Religion, Spirituality, and the Practice of Medicine”
- Nov. 11 – Karl Campbell, PhD, “The NC Way – Civil Rights & Wrongs in the 20th Century”
- Nov. 18 and Nov. 25, no programs
- Dec. 2 – Andrew Short, UNC, “Mental Retardation and the Death Penalty”
- Dec. 9 – Anne Yoder, Duke Lemur Center, “Lemurs”

The Carol Woods News is written, edited and published by residents of Carol Woods. Our mission is...

To share the Carol Woods story with present and future residents; to broadcast the warmth and kindness of one to another living here; to celebrate the vitality of days in this pleasant community, as well as our continuing involvement with the larger community beyond our campus.

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IN REMEMBRANCE— HUEY OF CAROL WOODS

Huey, a handsome white duck, presided over the Carol Woods pond from 1996 until his death in early December 2002, at the age of 13.

Huey was Asian-American, a flightless Pekin Duck born in the United States. In 1989, Sam and Elizabeth Fudge bought him at a local garden center and took him to their rural home pond to be a pet for their grandson Jacob. He was a sensitive boy embarrassed by dyslexia and in need of a pet’s emotional support. Jacob chose the name Huey.



After an intruder applied a toxic fluid to Huey’s body, burning it severely, the family took him to a veterinarian. Watching Huey’s appreciative response to the veterinarian’s treatment, Jacob suddenly dropped his guard. “Do you know any veterinarians who are dyslexic?” he asked. Amazed, Sam and Elizabeth concluded that in some mystical way, Huey had encouraged Jacob to be open about his disability and was thereby “paying back” the Fudge’s kindness to him.

Huey recovered, but the Fudges moved into a house without a pond and a new home had to be found for him. Sam called Carol Woods, which he knew to have an unoccupied pond, and was referred to Director of Security **Art Southard**, who agreed to adopt Huey for the community.

Sam supplied Huey with corn for two years and visited him regularly. Thereafter Grounds Supervisor **Tony Bayless** assumed responsibility for Huey’s care, and shared the feeding with **Helen Martikainen**, who was in turn assisted by **Lew**

Woodham. Huey soon learned Helen’s schedule and often came to meet her as she walked to the pond. Wild Mallards discovered the free lunch at Carol Woods and flocked to Huey’s side. From time to time he led his favorites on walks about the residences to pick up seeds fallen from bird feeders.

Steadfastly Huey asserted his dominance on and about the pond. Often there was what appeared to be a playfulness; at other times he would select a Mallard and, with a furious flapping of wings, drive it from the pond for no reason discernible to anyone other than a duck.

Huey-watching was a frequent diversion for residents moving along the glassed-in corridor between the main building and the dining area. He stimulated minds, inspired conversation, and lifted morale. Elizabeth Fudge would have seen him as again “paying back” for kindness.

One morning a trail of white feathers led from the pond into the grass. A Great Horned Owl, perhaps, or a Gray Fox, had apparently subdued Huey and taken his body for sustenance. All the Mallards were gone. Huey had performed a final act of “paying back,” this time to the stream of life of which we are all a part.

He had lived well. He had met his responsibilities. He had been a supremely good duck.

Without Huey and his Mallard friends, the pond is a different place.

Oliver Orr

“Helen Martikainen, Huey’s best friend, persuaded me to write this story and introduced me to the Fudges.”

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BEHIND THE SCENES AT GALLERY 5

Something wonderful happens regularly along the rose garden hallway between the Dining Room and Building Five. Here, eight times a year, the Carol Woods Art Committee, co-chaired by **Blair Bowers** and **Ann Kendall**, mounts eight exciting shows. The hallway itself displays two-dimensional works—paintings, photography, quilts, etc. Three-dimensional creations—jewelry, pottery, ceramics, metal and glass—are highlighted in cases in the main dining room.



Ceramic figure by **Marian Stephenson**

Two special times are reserved for Carol Woods' artists: December brings the popular Resident and Staff Show. Here are works that have never been displayed previously in Gallery 5. An outside judge (a local artist or curator) selects merit winners. Additional works by these winners then appear in the August exhibit.

In other months, local artists display their creations and may offer items for sale. The Art Committee often recruits impressive artists they have discovered at the annual fall Studio Tour in Orange and Chatham Counties.

Much hard work by committee members precedes each rotating exhibit. They may coordinate a particular display, help with installations, or serve refreshments at the Friday afternoon reception, when the presenting artist talks about his/her work.

These shows are much enjoyed. Some among us also have the talent to create beautiful art ourselves. If you would like to share your work in the upcoming December Resident and Staff Show, watch for entry information on bulletin boards and in the *Friday Memo*, or speak with Blair or Ann.

Janet F. Campbell

COMPENSATION

I cannot dash about with speed,
But from garage bills I'm freed.
I have no yard where flowers grow,
And yet I haven't it to mow.
I have no lovely floors to wax,
But do not pay an income tax.
Of one more blessing I would speak—
I have no roof to spring a leak.
And so I am as free as air
Just for things I do not care.
But sing and pray and tell some jokes,
And learn to specialize in folks.

This poem was penned in 1932 by Sue Bell Johnson after her husband died, she moved from her home, and she sold her car. It was found among her papers by her granddaughters, Carol Woods residents Jackie Allen and Roz McGee. The sentiments are still valid some 80 years later!

Roz McGee

THE HEART OF CAROL WOODS

Of course the people who live and work at Carol Woods are truly its heart. But walk in the front door of the main building, wave at Mary Ann, our receptionist, and you'll next encounter the Social Lounge. That wide and welcoming room is in many ways the heart of Carol Woods.

Want to meet with friends? Weekday mornings we sit there in the window seats with coffee and pastries, chatting with friends. We meet newcomers and wave at people walking past. A fireplace warms us on a crisp winter day. Some residents meet at one side of the lounge to delight in speaking French and small committees find a convenient table. A game table entices us (and our visiting grandchildren) to play checkers or chess. Residents occasionally play bridge there and a grand piano lets music entertain our ears. Welcome to the Social Lounge, at the physical heart of Carol Woods.

Anne Wright

WELCOME NEW RESIDENTS



Barbara Williamson (Apt. 1205) is originally from tidewater Virginia but spent much of her childhood and teenage years in Seattle WA. She taught for 29 years as a Bilingual Teacher (Spanish-English) in the Chicago public schools. Since retirement, she has been teaching English as a Second Language (ESL) to adults from many language backgrounds.

Prior to moving to the Chicago area, Barbara taught 3rd and 4th grades in Norfolk VA, and in Montgomery County MD. She also taught 5th grade and high-school Russian at the Sidwell Friends School in Washington DC. In addition, Barbara has done volunteer work in Mexico, Guatemala, Cuba, New Mexico and Georgia.

Barbara's daughter Amy and husband Paul Fitchett live in Charlotte and are eagerly awaiting their first child. Dr. Fitchett teaches at UNC-Charlotte, and Amy teaches 4th grade in a charter school.

Barbara is looking forward to being a first-time grandmother. She hopes to have time to pursue her many interests, which include meditation, dance, poetry, Quaker Meeting, and teaching English as a Second Language.

Barbara says the move to Carol Woods feels very "right" for her, and she enjoys the feeling of the community.

Jessie McIntyre, mentor



Miriam Settle (Apt. 131) grew up in New York City, walking long distances and using the subway to explore free cultural venues. A Bachelor's degree in writing resulted in two years with *Time* magazine. That was followed by work in a long-term care children's hospital, piquing her interest in health care program development.

Miriam's next stop was the University of Pittsburgh Graduate School of Public Health for a Master's degree, as well as a faculty appointment, with rare opportunities to share roles with many experienced and creative professionals.

With a doctorate in health policy, Miriam spent 30 years at UNC-CH in many roles related to community health promotion, equity for women in academia, child safety, and career counseling.

She continues her commitment to community relations and improvement of long-term care systems

through volunteer activities. Her hobbies include attending varied musical events, mineral collecting, bird watching and people watching. Miriam has two sons and three grandchildren.

Miriam Settle



Cindy Freund and **Ruth Ouimette** (Apt 242) are 30+ year Chapel Hill residents. They met at UNC in the mid-70s where they worked together in the new Nurse Practitioner Program. Their early

professional collaboration became a life-long one; they traveled up and down the east coast together while their careers took different paths.

Ruth grew up in Oneonta, a small town in upstate NY; summers were spent at Arnold's Lake near Cooperstown NY. She always knew she wanted to be a nurse (Vassar Hospital School of Nursing; University of Bridgeport, BSN; and Yale, MSN). She was one of the early nurse practitioners (1972) and practiced and taught at the Universities of Rochester, North Carolina (in the new NP program), Alabama at Birmingham, Maryland, and Pennsylvania (where she laid the groundwork for the School's acquisition of a skilled nursing facility). She also worked as a NP and as Director of Nursing for over six years here at Carol Woods (1985-91) and then was recruited to help start the Geriatric NP program at Duke University.

Cindy also grew up in a small town, McHenry IL, on the Fox River—her playground both in summer (a river rat) and in winter when the river froze solid. Also a nurse, her alma maters are Marquette University (BSN), UNC (MSN) and University of Alabama (PhD). She came to UNC in 1970 just at the time the Family Nurse Practitioner program started. She was fortunate enough to work for eight years with those who developed that program. She also taught at the University of Pennsylvania School of Nursing and The Wharton School. She returned to UNC in 1984 and was dean of the School of Nursing during the 90s.

Both Cindy and Ruth enjoy just about anything that takes them outdoors and to water—kayaking, canoeing, hiking, birding, and walking Jackson Parker (a brown miniature poodle). Cindy is an avid gardener, loves to take pictures and is the travel *rappporteur* for all. Ruth loves to cook and is trying her hand at pottery. Most of all, they both love to entertain (casually) and spend time with friends at home and on the road.

Cindy Freund and Ruth Ouimette