



THE CAROL WOODS NEWS

is published each month except July and August. It is distributed to residents, applicants on the waiting list, and other interested persons.

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Chapel Hill, North Carolina

March 2009

RESIDENTS ASSOCIATION

The Carol Woods Residents Association is a complex organization with customs, traditions and a committee structure that have evolved over almost 30 years. During 2003, the residents voted to incorporate as the "Association of Carol Woods Residents, Inc." (doing business as the Carol Woods Residents Assn. to retain the old name) in order to take advantage of the NC non-profit laws which protect officers and agents of nonprofit corporations against liability in carrying out their duties. This protection extends to the committees and interest groups as long as there is no malfeasance.

The Association provides a collaborative model for making decisions about resident life. All residents are automatically members unless they opt out in writing. It is assumed that everyone has a responsibility to be part of the community in greater or lesser degrees of active participation. The Association works through an elected Residents Council (its board of directors) and numerous committees. Its by-laws are published in the *Residents Handbook 2008*.

The Council is responsible for the committee structure, establishing new committees when necessary and working with the committees to provide the activities that residents want. Since there are several distinct neighborhoods in the campus, most committees try to reflect the various geographic areas in their membership. Eight committees, called Advisory Committees, coordinate with responsible members of the management team to ensure that residents' needs and interests are addressed. The Resident Service Committees provide the leadership for all activities that affect the residents.

All 48 Advisory and Service Committees, their chairs and members, are listed in the back pages of the annual phone directory so that residents have a guide as to which committees might deal with an issue they want to raise. The Association President is responsible for naming the Committee chairs, who invite members to serve on their committees. There are also numerous special interest groups that are entirely self-organized and self-funded, and

form a part of the Association and are listed in the phone book.

When problems are referred by phone calls or notes in the "Council box" in the mail room, the Council is likely to consult an appropriate committee or establish an ad hoc one. As an example, several years ago, concerns were raised about the safety of using electric carts and walkers in the Assembly Hall. After several months of study and research, the Safety and Security Committee proposed a plan that all the groups using the Assembly Hall can follow.

The Council and the committees inform residents of activities, events and concerns through reports at the monthly Association meetings. The Carol Woods President/CEO or her representatives use the Council and the Association meetings to bring residents up to date on management concerns.

The Residents Association relates to the Chapel Hill Residential Retirement Center, Inc. (CHRR) "Carol Woods" Board of Directors in several ways. The Board is responsible for the on-going fiscal soundness and market position of the institution. However, the Board members are very much interested in hearing at all their meetings about the status of resident activities. The President of the Association makes a report to the Board at each meeting. The Association President and Vice-President are non-voting members of the Board. Two residents, elected by the Board, serve as voting members of the Board. The Board Chair makes a report to the residents each year at the December Association meeting to keep the residents informed of Board activities during the past year.

Diane Henderson, Ross McKinney
and Charles Paddock,
Resident Association
Presidents 2003-09





KAREN DANIEL, Director of Admissions and Public Relations

We all know Karen Daniel. She leads us into her office when we come to ask about Carol Woods. She takes us around campus, helping us to understand the unique community that is Carol Woods. Karen, blonde and slim, has a smile that lights us all.

Many of us do not know Karen beyond the gracious Director of Admissions. She cheerfully says she's always "definitely been a country girl." She grew up on a poultry farm near Hillsborough NC ("15,000 layers!") After marriage, she moved to the Efland-Cedar Grove area, where she resides today. The greatest joys in her life? Her grandsons Blake (seven) and Barrett (22 months), and her granddaughter Kayla, age five, who goes places with her, enjoying her love of life.

Karen's first job was with the *Durham Herald Sun* newspaper. For six years, she worked in public relations for a firm selling garden products. One day she answered a blind advertisement from Carol Woods and was pleased to be offered a position. Karen says the job here put together many parts of her life. "Carol Woods spoke to me – I wanted to help people plan ahead so they could continue making their own decisions later in life." Karen joined the Carol Woods staff in December 1994.

Karen's favorite relaxations? "I head for the beach!" She walks the sands "to reconnect with myself." She loves to work in her garden. She rides in her convertible, top down. Karen's job at Carol Woods is intense and full, which makes special these times on her own.

Karen says, "I'm very grateful to be at Carol Woods. It's my family, part of a community that reaches out to the world." We're glad too, Karen, that you're here.

AMW

KUDOS TO STAFF FROM RESIDENTS

'TIS – A VALENTINE DELIGHT

'Tis the day before Valentine's Day, and we're having breakfast at the Carol Woods dining room. Merry Chestnut, long time on our Carol Woods staff, comes up to our table with a basket in her hand. It is filled with heaps of little candies just right for the season. "Happy Valentine's Day!" says Merry with a big smile. Two of Merry's friends, Monique Williams and Liz Schmitt are also going around to the tables, offering smiles and candy. It'll be mid-March when you read this Kudo, but the delight lingers on! Thanks!

AMW

SPECIAL TRANSPORT — JANE HARE

Jane Hare is a part-time relief staff member who sometimes drives and accompanies residents to the ER and various medical appointments. Other times she fills in at Carolyn Cheek's complex job as appointment secretary/receptionist in the clinic waiting room.

Resident **Emy Wong** says, "Jane is so helpful and reassuring. I'm always glad when she is the one who picks me up." **Margaret Moore** adds, "She is so easy to deal with and does what she says she'll do with finesse." Feedback from other residents as well as staff tells the same story.

Because Jane is so perceptive when she takes a resident to an appointment or the ER she will, as appropriate, give a provider her observations that are helpful. When she returns a resident to Carol Woods she may quietly bring back information to the staff that no "official form" includes.

Jane is known as a compassionate, reassuring voice of calm in the clinic and with residents. One staff member commented that Jane is an "added value person" because of her past professional experiences as well as her six years in San Antonio, Texas, learning Spanish while working with Latino immigrants.

Shirley Collins

WELCOME NEW RESIDENTS



Carla Chamblee, Apt. 2116, will be sharing her time between Carol Woods and her mountain house in Montezuma, NC (don't bother looking at the map, it ain't there). North Carolina has been home all of her life, save one year in New York when her husband was attending Columbia University. She earned advanced degrees from UNC and ECU. She is a second generation resident of Carol Woods, as her parents, Anzie and Carl Smith, lived here for many years.

While rearing five children, Carla worked as a piano teacher and taught math and music, at both the high school and college levels. She also was a counselor to students for many years. Her volunteer work in Montezuma includes Habitat for Humanity, Rotary Club, Meals on Wheels, and board member in Citizens Against Domestic Violence.

Here at Carol Woods, Carla participates in gardening activities. She enjoys events off-campus, such as NC Symphony, Playmakers, and the ballet. She will become a familiar face in our lives. Carla and Carol Woods are a good fit.

Gilda Varrati



Claire Sobel, Apt. 3104, was originally from New York City. After her marriage to Sandy Sobel in 1952, they moved to W. Orange and Livingston, NJ. On Sandy's retirement in 1993, they moved to Toms River, New Jersey. Sandy died in 1997. This winter, Claire came to Carol Woods from Toms River.

Claire received an undergraduate degree from George Washington University, and master's and doctorate degrees from Columbia in special education. She worked for forty years, first at the New York League for the Hard of Hearing, then at Columbia Presbyterian Hospital. After moving to New Jersey, Claire worked in schools for the deaf and hard of hearing.

Not one to be idle, Claire was president of the local chapter of the New Jersey Symphony, an officer of the League of Women Voters, and of the Kessler Hospital for Rehabilitation. Once a golf champion, Claire is now a serious duplicate bridge player. Items and pictures in her apartment attest to her world-wide travels.

Claire, who is the niece of Carol Woods resident **Bea Dulberg**, has a daughter, and two grandchildren who are in college.

Roz Lloyd.



Barbara and John Schutz (Apt. 1207) moved into Carol Woods on December 30, 2008, after living in Chapel Hill for forty years. Until his retirement in 1986, John was Bowman and Gordon Gray Professor of New Testament, History and Literature, and Chairman of the Department of Religious Studies at UNC. Barbara helped get UNC Radio back on the air in 1973, and subsequently served as its business manager and development director. During her last ten years at UNC, she worked for the Arts and Sciences Foundation, retiring in 1997.

Barbara and John have two daughters and four grandchildren. Their daughter Martha Schutz-Lo, her husband Don, and daughters Emma and Annie, live in Chapel Hill. Daughter Amy lives in Asheville with her husband John and their two sons, Henry and Paul. Barbara and John are members of the Chapel of the Cross, where they have both served on the vestry and John served as senior warden.

In addition to spending time with family and friends, Barbara and John share interest in reading, listening to classical music, and travel. John's special interest is history; Barbara likes poetry and opera.

Jessie McIntyre

FEBRUARY RESIDENTS ASSOCIATION MEETING

Treasurer **Lois Frost** told us that the Residents Association budget is doing quite well at this point with a bank balance of \$25,419.34. Vice President **Rod Gorham** reported from the February Council Meeting that a Nominating Committee of five had been selected to come up with a slate of nominees for next year's Council members at the April Association meeting. A special guest, **Mr. Jack Mathison**, President of the National Continuing Care Residents Association (NCCRA) told us about the nationwide breadth and functions of the group he heads. He invited our residents to join the organization, and discussed some of the many real-life issues now confronting all CCRCs, including a deepening shortage of trained nursing staffs specializing in care for the aged, and a sharp increase in the rising tide of Alzheimer victims. CEO Pat Sprigg brought us the good news that Carol Woods has been recertified for accreditation for the next five years, and she described an impressive list of cost-saving measures being taken or that have been taken for years, to help keep Carol Woods afloat financially in these uncertain times. **Bill Wright**, chair of the residents' Finance Committee, gave a report of the work of that committee.

Dick Wood



CAROL WOODS NEWS – Staff

Nancy Martin and Anne Wright, co-Chairs; Louise Baker, Jane Berryman, Ginger Davis, Betsy Hewitt, Betty Hughes, Lucia Pap, Burkhard Seubert, Sally Slack and Ruth Zalph.

Pat Bartell and Catherine Clark, proof readers.

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Pictures: Bill Bayliss

COMING EVENTS

Lectures

- March 12 UNC Botanical Garden Visitors Center – Peter White
- March 26 Future of Primary Care – Warren Newton
- April 2 Ran Coble, New NC Administration
- April 16 Michael Brown – Murals
- April 23 Ray Dooley – Playmakers

Concerts

- March 18 Alan Toda-Ambaras, cello, Misako Toda, piano
- March 25 Mallarme Youth Chamber groups
- April 1 Mary Ashton Inglis, viola
- April 8 Terry Rhodes & students, scenes from Cimarossa operas
- April 15 Richard Luby, violin, Jane Hawkins, piano.

Special Events

- March 24 Act One Act Now student drama, "Little Women." 7pm
- April 18 East Chapel Hill High School Chorus, 3pm
- April 28 Recital, the piano students of Robin Snyder, 7pm

CAROL WOODS

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