

THE CAROL WOODS NEWS

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Chapel Hill, North Carolina

March 2005

I JUST LOVE COMING TO THIS ROOM – IT SAYS “ORDER!”

Carol Woods was first planned by a group of local professional people and academicians in the early 70's. They loved the Chapel Hill community, and did not want to leave the area when they retired. From the earliest days, Carol Woods also drew a group of diverse and talented people from throughout the country.

At that time there were many wives whose careers had been as homemakers. Many of the early residents brought large weaver's looms, needlepoint frames and embroidery hoops. There were gifted seamstresses who brought their sewing machines with them and downsizing, donated them to the sewing room located in the basement. Along with the machines, came large collections of threads, buttons, and notions, to say nothing of fabric remnants. Not only sewing materials drifted down to the basement. Left-over yarn, needles and pattern books also accumulated. Now these are sorted and kept in labeled containers, available for knitters and seamstresses to use as needed.

Jean Jones was one the few people who prided herself on being able to take a few discarded velvet draperies and turn them overnight into costumes for a big dramatic production. When these talented women became incapacitated the sewing stuff continued to pile up and fill the space until it was almost impossible to enter the room let alone find any useful objects.

Then came **Ethel Pickett** - who had been chair of the Home Economics Department of a large modern (northern) high school. She was not only a talented designer and an expert seamstress, she had superb organizational skills and an engaging personality that attracted people who became her friends and family forever. She and her husband **Ken** tackled the Herculean task of cleaning out the accumulated sewing paraphernalia, disposing of the decrepit sewing machines, and buying top of the line Swedish

computerized models, as well as two sergers (white and black). The essential components were assembled in orderly and labeled fashion. **Ken** built wall racks for thread (the committee says "If we can't match the thread needed, it doesn't exist" and built special tables for the machines, each with useful drawers for instruction books and basic implements: bobbins, scissors, seam rippers. He installed hooks and curtain rods, renovated the dressing room and is still our mainstay for wall-hanging improvements. **Evelyn Pollard** spent weeks patiently sorting thousands of buttons; they are now in labeled bins. **Mary Scroggs** - master quilter, investigated and obtained floor mats so the foot switches do not creep.

A beautiful old mahogany dining table was found in the Carol Woods storeroom, salvaged from mildew and massaged with olive oil to become the centerpiece of the whole new arrangement. Ethel's time with us was all too short - and after sadly losing her, the committee elected **Muriel Easterling** as Chairman. Muriel was inspired to change the ceiling lights to full-spectrum daylight bulbs -a great improvement in a basement workroom.

The other day a resident passing to another activity stopped in the doorway and said "I just love to come to this room - it says "ORDER!" But most of all, the committee members are a congenial group who volunteer with enthusiasm because they want to feel useful; they derive great satisfaction from performing expert services for those who need them. They do not compete with the downtown or county business people who earn their livings in this field. Carol Woods residents do not charge each other for services; voluntary donations are used to buy supplies and to keep the appliances in working order. Any extras go to charities connected to the Residents Association.

Lee Sloane

From time to time we will be profiling creative people at Carol Woods; there are many in this community. Here is one.

THE WHISTLER

How many people have you known in your lifetime who began whistling at the age of four and still chirp sweetly as a bird at a somewhat advanced age? If you live at Carol Woods you know one such person: **Rosalie Williams**, the Nightingale of the Third Floor, Building One.

In a recent interview Rosalie told us she became entranced at the age of four by the whistling of a grocery delivery boy and within a few weeks, learned to purse her lips, producing her own sweet sounds. From a musical family, she studied piano for seven years but somewhat under protest — not against the practicing, but against the classical music her teacher insisted she study. She wanted to learn pop and to play the saxophone. Instead she was switched to violin, which she hated. Eventually she taught herself to play the accordion and the pop music she loved.

At thirteen, in a teeny-bopper mid-course correction she became a formidable bridge player. Anyone who has ever opposed her at the tables here can sadly attest to her skill. Rosalie has always been a writer. Her first quatrain appeared at age five, followed by creating neighborhood shows. In high school she wrote a successful parody. At Penn State she graduated in journalism and philosophy, leading to a career in newspaper and radio. At twenty-five she married. Late in the 1950's, she wrote words, music and story for *Leopards & Leotards*, the delightful production staged recently by a troupe of talented residents at Carol Woods.

We drifted onto the subject of Creativity — where does it come from? Rosalie enumerated her musically-gifted parents, uncles, aunts and cousins. She said, "I guess it must be genetic," adding "And it sure helps to be in a place like Carol Woods that offers willing performers, a stage, microphones, and an enthusiastic audience that applauds your music and laughs at the lines you hoped would be funny."

Jane Berryman

PRIVATE DUTY GARDENER

For several years one member of the CW Grounds staff serves some of the time as the Private Duty Gardener. Last year, **Lori Kearny** joined the staff and is now available for Private Duty by signing up on the posted sheet that goes up on Friday afternoons near the Front Desk. A resident is limited to 2 hours per week. When new residents move in who want to establish a garden, Lori may be able to schedule large jobs with other staff to help prepare and build the new garden. In addition to her strength and willingness to do hard work she is knowledgeable about plants and general horticultural matters.

During the winter Lori is available for private duty only one day a week. The rest of the time she and the rest of the Grounds staff are busy with paper work, preparations for the spring and ordering of supplies. Even our natural woodland landscape requires some winter cleanup. During snow and ice storms Lori joins the Grounds staff in clearing sidewalks and roadways.

Tony Bayless

Be a gardener,
Dig a ditch,
Toil and sweat,
and turn the earth upside down
and seek the deepness
and water the plants in time.
Continue this labor
and make sweet floods to run
and noble and abundant fruits
to spring.

Take this food and drink
And carry it to God
As your true worship.

Julian of Norwich
English Mystic (1342-1416)



WELCOME NEW RESIDENTS

Phyllis Stevenson Adams (Apt.2109) was born in and grew up in Richmond, VA. She attended Virginia Commonwealth University and the University of Richmond. In 1942 she married E. Maynard Adams who joined the Philosophy Department at Carolina in 1948, going on to become an honored chairman and founder of the Program in the Humanities weekend lecture series. Their daughter Jill now teaches in the Law School at Southern Illinois University where she lives with Phyllis' two grandchildren.

Phyllis had been active in many Chapel Hill organizations, including the Junior Service league, the Oakview Garden Club and the University Woman's Club. In 1962 she began 21 years as office manager at the Glenwood Elementary School. After retirement she volunteered with Meals on Wheels for 19 years. She is a devoted Tarheel basketball fan, enjoys playing bridge, bird watching and word puzzles.

Mary Jane Linker

Judy Bellin (Apt. 1105) was born in the Netherlands and emigrated during World War II with her family to New York via France and England. In New York she earned a PH.D. in physical biochemistry and was Professor of Biochemistry at the Polytechnic Institute of NY. In 1979, with her husband Gene (an information Specialist) she moved to Washington D.C., accepting a senior position in Human Health Risk Assessment with the U.S. Environmental Protection Agency. In "retirement" she became a researcher, writer and editor on social justice issues, concentrating on the problem of capital punishment. Two of Judy and Gene's children and their families live in Chapel Hill Another son and his family reside in Southern California. Carol Woods, she thinks is the perfect place from which to watch the growth of her five grandchildren, who run the gamut: the two youngest are in kindergarten, the oldest is a graduate student at Princeton. She will also continue her interests in travel, reading, book discussion and swimming.

Jean Gregory

Elizabeth Fink (Apt. 110) is a long time resident of Chapel Hill. A native of Jonesborough, Tennessee she received her undergraduate degree from Tennessee State University and a Master's Degree Sociology from UNC-Chapel Hill. For many years she was employed by the North Carolina State Board of Public Welfare

WHAT'S GOING ON HERE?

Late in January the NC Department of Facility Services made an unannounced visit to review policies, procedures and quality of care rendered to residents receiving skilled nursing at Carol Woods. For the third year in a row, we were congratulated and found to be deficiency free.

Abu Bangura, originally from Sierra Leone, has been appointed RN Clinical Coordinator, supervising the nursing staff on Evening and Night Shifts.

The Computer Room held two classes designed for the computer novice. The classes are taught by resident **Lois Frost**. The room, open daily, is staffed by resident volunteers.

Clinic staff were joined by UNC hospital specialists in a forum reviewing Medication Management. The topics covered were especially helpful to those who are taking multiple medications.

Library News

A large print audio book catalog has been prepared by **Dot Lineberger**. Dot is currently working on a large print listing of our video and DVD collection.

New Fiction and Mystery: Cornwell, Trace; Gregory, The Queen's Fool, Grimes, The Winds of Change; McCall Smith, Portuguese Irregular Verbs; Mitchell, Cloud Atlas, Roth, The Plot Against America, Seierstad, The Bookseller of Kabul, Toibin, The Master; Wolfe, I am Charlotte Simmons

Nonfiction: Armstrong, The Spiral Staircase, Bamford, A Pretext for War; Ellis, His Excellency: George Washington; Fowler, Carolina Journeys; Goodman, The Exception to the Rulers; Greenblatt, Will in the World; Hemingway, V. Running the Bulls; Neal, Remembering Bill Neal

Reference: Roberts Rules of Order, newly revised; Who's Who in America 2004

in Raleigh where she served as Special Assistant to the Commissioner, traveling all over the state. Later she was appointed to the post of Associate Director of the Institute of Research in Social Science. Reading and bridge are among her continuing interests.

Carolyn J. Mercer

At the first hint of warm weather, the kids from the Children's Center go all over the campus, indoors and out. Often we hear them before we see them. They say they are:

Going to Visit the Grammas

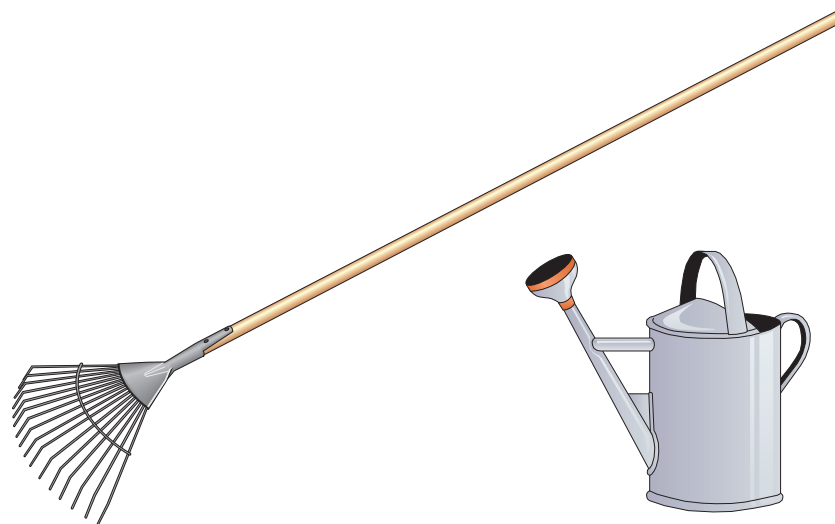


ASSOCIATION OF CAROL WOODS RESIDENTS, INC.

Summary of the February 8, 2005 Meeting

The February meeting of the Residents Association was brief. The new residents (listed above) were introduced; committee reports included news of a generous check for \$13,000 from the Carol Woods Gift Shop to the Residents Reserve Fund. Everyone was invited to help celebrate **Lucy McKerrow's** 100th birthday. There is a call for Volunteers to help WUNC-TV's annual spring pledge drive.

Ross McKinney



CONCERTS AND LECTURES

Concerts:

- March 16 Nancy Wilson, Sandy Sboda, wind instruments
- March 23 Kent Lyman, piano
- March 30 Emily Lawrence harp, Alma Coefman, flute
- April 13 Nathan Zalman, violin, Martha Gardner piano

Lectures:

- March 17 Robert Bratcher: Bible Translations
- March 24 Jack Behrman: China
- March 31 Rob Amberg: I-26 Corridor, effects on Community
- April 7 Sheldon Earp, UNC Lineberger Cancer Center
- April 14** Tom Gambill: Adventures in Okefenokee Swamp

** Friday to avoid conflict with NC Symphony

STAFF: Natalie Fiess, Chair; Jane Berryman, Russell Graves, Ross McKinney, and Mary Scroggs.

Circulation: Barbara Allen, Janet Campbell, Helen Hawley, Beth Jukes, Eva Lynch, and Stella Lyons.

Photo by Ross McKinney

CAROL WOODS

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